# Parent Orientation Play Group and Nursery

## Warm Greetings from Growing Tots!

Visit us: <u>www.growingtotspreschool.com</u>

## Contact Information

- School Numbers
  - 90350 73771
  - 74116 23711
- Transport: 74116 23711
- Director: 81230 76793

All important updates, photos & videos will be shared via these numbers.

## 🌅 Important Dates & Timings

- Reopening: 2nd June 2023 (Monday)
- School Hours: 9:30 am 12:30 pm
- Arrival: by 9:20 am (Punctuality rewarded!)

## 🔑 Procedures & Guidelines

#### 🌒 Daily Essentials

- Label lunch box, school bag & water bottle with waterproof labels.
- Cover & label all books; submit on Day 1.
- Check diaries daily; sign any teacher notes.

#### Tuniform & Attire

• Uniform: Monday & Friday

• Casual Wear: Other days

No jewellery, please.

Students must wear appropriate undergarments at all times.

#### 🥒 Rooftop Play Area

- Grip socks are required for all students to use the rooftop soft play system.
- · A dedicated time will be scheduled across all grades.

#### Snack Break

- 30 minutes for snacks.
- Send a moderate quantity to avoid waste.
- Non-vegetarian food and eggs are not allowed.

#### Birthday Celebrations

- · Cake cutting is not allowed on school premises.
- Healthy treats such as sweets, chocolates, or chikki may be sent.

#### Academic Updates

- A monthly synopsis will be shared with parents.
- Please review regularly to stay updated on your child's learning.

## 🚸 Pick-up & Safety

- Pick-up by 12:30 pm sharp.
- Parents/guardians wait at the gate.
- Escort card required at the gate for one month after admission.
- If someone else is picking up your child, a live video call verification and additional documentation will be required.
- During dispersal, parents are not allowed inside the premises. Kindly wait outside to avoid crowding.

#### Fee Policy

- Timely fee payment is mandatory.
- Late fee: ₹100 per day for delayed payments.

## Personal Hygiene

- Hair neatly combed; long hair braided/plaited.
- Nails clipped—long nails will require sending the child home.
- Head lice: stay home until fully cured.
- Vaccinations up to date; submit photocopy of vaccination card.
- · Regular hygiene checks by school staff.

### > Preparing Your Child

- · Speak positively about school.
- Involve them in choosing & labelling items.
- Gradually foster independence to ease separation anxiety.

## Separation Anxiety

- Normal—affects parents more than children.
- Start preparation a week early.
- Trust the school & staff; stay confident and calm.

#### ? Questions to Ask at Home

- What did you play with today?
- Who are your friends?
- What's your teacher's name?
- What did you like about school?

## Dos & Don'ts

Don't Ask	Instead
"Did anyone shout at you?"	"Tell me about your day."
"Did any child hit you?"	"Who did you play with?"
"Did you cry today?"	"How did you feel at school?"
Overreact to negative incidents	Calmly discuss concerns privately.
Discuss issues in front of the child	Call/meet the Principal without the child.

## **EXECUTE** Field Trips

- One trip per year per class.
- Written consent required—no consent, no trip.
- Parents decide participation.

#### ↓ Thank you!

Looking forward to a wonderful year ahead at Growing Tots!